

# ARTHRITIS: DON'T GIVE UP HOPE

## *Dedham Medical's Rheumatology Service*



*New treatments can be effective, says Rheumatologist Humeira Badsha, MD*

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# DMA

DEDHAM MEDICAL ASSOCIATES, INC.

**I**f your last experience with arthritis treatment was even a few years ago, you may not be aware that new, breakthrough medications are being used today to target the processes that create the inflammation, cartilage destruction and pain that afflict the joints of arthritis sufferers.

Some new drugs manage the swelling and pain associated with osteoarthritis, rheumatoid arthritis and many other types of arthritic disease – without the side effects of non-steroidal anti-inflammatories like aspirin. Others reduce inflammation and damage to bone and cartilage in specific types, such as rheumatoid arthritis. Many slow down the progression of arthritic disease. In some cases, combinations of drugs may be even more effective treatments.

Dedham Medical Rheumatologist Humeira Badsha, MD, specializes in evaluating and treating arthritis in all its forms, as well other conditions like lupus, gout and fibromyalgia. She integrates new medical approaches with important non-drug therapies such as weight loss and exercise.

Ask your physician whether it would be beneficial to have a specialist working with him or her in managing your arthritis or other rheumatic problems. To make an appointment with Dr. Badsha at DMA, call 781-329-1400, x1325. She is also available to see patients one day a week at Faulkner Hospital. An appointment there can be made at 617-522-1734.

*Dedham Medical Associates provides care in more than 20 medical specialties, including internal medicine, pediatrics, allergy, dentistry, dermatology, endocrinology, ENT, ophthalmology, orthopedic surgery, surgery and urology. For information about becoming a patient, call 781-329-1400, or see our web page at [www.dedhammedical.com](http://www.dedhammedical.com).*