

*A Commitment to Excellence*

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**Lahey**  
CLINIC

## A Team Approach

Lahey Clinic represents superb healthcare resources available to you – community-based internists, pediatricians and family practitioners providing convenient, top-quality primary care, and specialists at Lahey Clinic Medical Center and Lahey Clinic Northshore who often are among the world leaders in their fields.

With virtually every specialty and subspecialty of medicine represented, Lahey's staff of 450 physicians and 4,000 nurses, therapists, technologists and others provide care to more than 3,000 patients each day from throughout New England and beyond.

In Lahey's environment of specialists working together, staff members have the opportunity to concentrate on their areas of special interest while maintaining close contact with others representing the full range of medicine. The result is better decision-making as to whether or when to consult, to test or to hospitalize.

Whether for primary care or specialty services, Lahey's team approach reinforces a long-standing emphasis on leading-edge knowledge and skills, and on care delivered with dignity and compassion. In areas as diverse as diagnostic imaging, cardiac surgery, breast cancer diagnosis and treatment, management of digestive disorders and restoration of kidney function, Lahey Clinic staff members are on the forefront of medical expertise.



## Primary Considerations

Lahey Clinic community practices stretch from the North Shore to southeastern Massachusetts to Boston's far western suburbs. All have in common a commitment to the healthcare needs of their communities and a dedication to Lahey's concept of integrated primary and specialty care.

From the primary care sections in the medical centers at Burlington and Peabody to physician practices in communities as diverse as Amesbury, Beverly, Lexington and Waltham, Lahey offers top-quality internal medicine, pediatric and family practice services.



■ Our internists see adult patients for all aspects of adult internal medicine. At sites such as Lahey at Arlington and Lahey Lexington, internal medicine staff offer subspecialty expertise in areas such as cardiology, gastroenterology and rheumatology. And Lahey specialists in fields such as allergy, gynecology, neurology and urology provide consultations on site.

■ Lahey's pediatricians provide care in the full range of pediatric and adolescent medicine primary care, from well-baby visits and immunizations to episodic illnesses and chronic problems. Our goal is to help you raise healthy and happy children!

■ Our family practice physicians focus on patients at every stage of life, from infancy through childhood and young adulthood through middle age and the senior years – reinforcing a continuity that helps them provide for their patients' total needs.

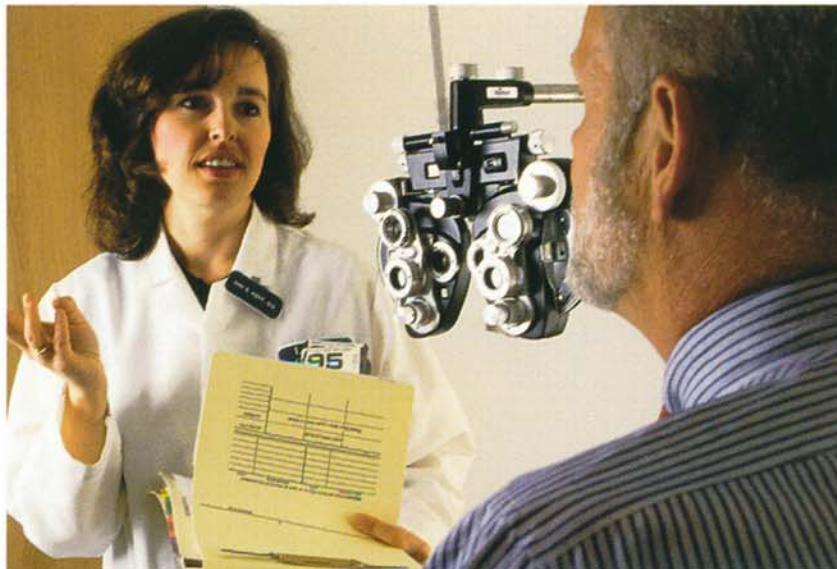


## Specialty Services

From allergies to cancer care to heart disease, Lahey Clinic offers you access to the full range of medical expertise.

Lahey staff members are leaders in services as diverse as:

- Cardiac surgery and interventional cardiology, with outcomes that rank among the best in the nation
- Coordinated, comprehensive diagnosis and treatment of breast and ovarian cancers through the breast care, risk assessment and women's health programs
- Treatment for prostate cancer, including high dose rate radioactive "seed" therapy
- Liver transplantation, including adult living-donor procedures
- Interventional neuroradiology techniques that use micro-thin catheters to reach and treat the sites of strokes and aneurysms within the brain
- Techniques of videoscopic treatment of heartburn and other gastrointestinal problems
- Techniques of colon and rectal surgery that preserve and restore sphincter function for cancer and inflammatory bowel disease
- Anti-aging therapies in the Center for Cosmetic and Laser Surgery
- Vertebroplasty, nonsurgical interventional neuroradiology techniques of strengthening fragile spinal vertebrae
- Travel medicine services in the Travel and Tropical Medicine Clinic and the international telemedicine capabilities of WorldClinic



# Knowledge and Skill

With an emphasis on physician knowledge and skill combined with advanced techniques and technologies, Lahey staff members offer their patients top-quality care. Lahey's criteria for

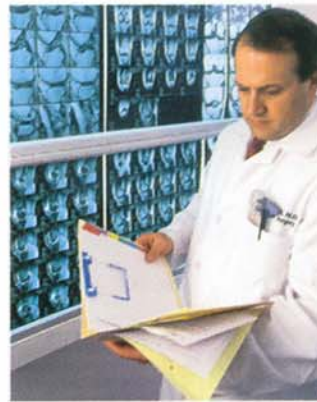


selecting physicians for the medical staff are rigorous, with prospective surgeons, for example, first observed by a staff member in surgery.

Lahey's multispecialty team approach reinforces this commitment to quality.

Whether in informal con-

sultations between physicians or formal multispecialty clinics such as the Breast Cancer Treatment Center, practitioners of differing specialties bring diverse perspectives to challenging cases, ensuring that all aspects of diagnosis and treatment are examined.



Research and education are essential parts of Lahey Clinic's practice of medicine. Research is extensive and varied, with more than 200 clinical trial protocols currently underway. Lahey is a teaching hospital for Tufts University School of Medicine, and is the training center for more than 100 residents and fellows in 19 specialties.



# Becoming a Patient

Anyone with a health concern can become a Lahey patient simply by calling and making an appointment. If you're in a managed care plan, you can select a Lahey primary care physician. If you're an HMO member who wants to see a Lahey specialist, you can make an appointment upon referral from a primary care physician. Check your plan's health coverage guidelines.

Lahey accepts all traditional insurance plans, Medicare, Harvard Pilgrim Health Plan, HMO Blue, Tufts Health Plan, First Seniority, Secure Horizons and more than 30 other health insurance and managed care plans.

*See our web page at [www.lahey.org](http://www.lahey.org) for a full directory of staff, sites and services.*

## Medical Centers

### Lahey Clinic Medical Center

41 Mall Rd., Burlington, Mass.

Select a Physician: 781-744-8870

Appointments: 781-744-8000

All Other Depts.: 781-744-5100

- Adult and pediatric primary care
- Specialty services in virtually every specialty and subspecialty of medicine
- 24-hour emergency medicine
- Trauma Center

### Lahey Clinic Northshore

1 Essex Center Dr., Peabody, Mass.

Select a Physician: 781-744-8870

Appointments: 978-977-6336

All Other Depts.: 978-538-4000

- Adult and pediatric primary care
- Comprehensive specialty services
- Eye Institute
- Women's Health Center
- 24-hour emergency medicine

## Outpatient Centers

### Lahey at Arlington

Hospital Rd., Arlington, Mass.

Main Switchboard: 781-646-1500

- Adult and pediatric primary care
- Specialty consultations
- Pain Management Center
- Eye Center
- Oncology Center
- Urgent Care Center

### Lahey Lexington

at Hayden Medical Center

16 Hayden Ave., Lexington, Mass.

Main Switchboard: 781-372-7000

- Adult and pediatric primary care
- Specialty consultations
- Cosmetic and Laser Surgery
- Orthopaedic and Sports Medicine
- Eye Center
- Breast Imaging Center
- Physical Therapy



# Why Choose Lahey?

Lahey Clinic offers the best of both worlds – top-quality primary care services at community locations throughout eastern Massachusetts and the world-renowned specialty services of Lahey Clinic Medical Center in Burlington and Lahey Clinic Northshore in Peabody.

Lahey clinicians provide primary care services for adults and children at both the Burlington and Peabody medical centers and at physician practices in more than 30 communities.



At Lahey Clinic Medical Center and Lahey Clinic Northshore, 300 physicians and more than 3,000 nurses, therapists and other staff provide care in virtually every specialty and subspecialty of medicine, from allergies to cancer to heart disease.

## Primary Care Sites

Lahey Amesbury  
Internal Medicine, Pediatrics  
Family Practice  
978-388-5050

Lahey at Arlington  
Internal Medicine 781-641-0100  
Pediatrics 781-643-7700  
Family Practice 781-641-7707

Lahey Family Practice at Arlington  
Family Practice 781-646-4345

Lahey Bedford  
Internal Medicine 781-275-6466

Lahey Belmont  
Internal Medicine 617-484-9929

Lahey Beverly  
Internal Medicine, Pediatrics  
978-927-1919

Lahey Billerica  
Internal Medicine 978-663-6666  
Pediatrics 978-663-2723

Lahey Clinic Medical Center,  
Burlington  
Internal Medicine 781-744-8000  
Pediatrics 781-744-8083

Hass, Epstein, Ballenger,  
Goldstein, Cambridge  
Pediatrics 617-547-2093

Lahey Concord  
Internal Medicine 978-287-9350  
Pediatrics 978-287-9400

Lahey Danvers  
Internal Medicine, Pediatrics  
978-774-0730

Lahey Dartmouth  
Diabetes and Endocrinology  
508-991-3323



## Primary Care Sites – *Continued*

**Lahey Essex**  
 Family Practice 978-768-9004  
**Lahey Fall River**  
 Truesdale Internal Medicine  
 Diabetes and Endocrinology  
 508-676-3411  
**Lahey Fitchburg**  
 Internal Medicine 978-345-6696  
 Pediatrics 978-342-4437  
**Lahey Foxboro**  
 Internal Medicine 508-543-1553  
**Lahey Framingham**  
 Internal Medicine  
 508-875-3926, 508-879-4411  
**Lahey Hamilton Wenham**  
 Family Practice 978-468-7346  
**Lahey Harvard**  
 Internal Medicine, Pediatrics  
 978-772-6161  
**Lahey Holliston Pediatrics/Holliston**  
 Pediatrics 508-429-2800  
**Lahey Ipswich**  
 Internal Medicine, Pediatrics  
 978-356-5522  
**Lahey Lancaster**  
 Internal Medicine 978-368-8956  
**Lahey Leominster**  
 Internal Medicine 978-537-0985  
**Lahey Lexington**  
 Internal Medicine 781-372-7100  
 Pediatrics 781-372-7171  
**Lahey Malden**  
 Internal Medicine  
 781-322-3005  
**Lahey Merrimac**  
 Family Practice 978-346-9733  
**Lahey Holliston Pediatrics/Milford**  
 Pediatrics 508-478-5996

**Lahey Clinic Northshore, Peabody**  
 Internal Medicine 978-977-6336  
 Pediatrics 978-538-4395  
**Lahey Sudbury**  
 Pediatrics 978-443-6005  
 Internal Medicine 978-443-5163  
**Lahey Waltham**  
 Internal Medicine, Endocrinology  
 781-894-4488  
**Lahey Wilmington**  
 Internal Medicine 978-694-9610  
**Lahey Woburn**  
 Internal Medicine 781-935-8859  
**New Hampshire**  
**Lahey Cardiology/Nashua**  
 603-577-2039

To choose a physician or make an appointment at Lahey Clinic Medical Center or Lahey Clinic Northshore, call the Appointment Office at 781-744-8000. You can request an appointment on-line at [www.lahey.org/appointments](http://www.lahey.org/appointments).

To choose a physician or make an appointment at a community group practice near you, call the number listed here.

For a directory of Lahey staff, sites and services, go to [www.lahey.org](http://www.lahey.org).

